

## 2026 SPA'S 2<sup>ND</sup> LONG COURSE MEET WARM-UP LANE ASSIGNMENTS

RACING STARTS FROM BAYSIDE ONLY

FRI 5/15 5PM START	SAT-SUN 8AM START	SAT-SUN AFTERNOON
2:30PM WARM-UP	6:15AM WARM-UP	35MIN AFTER AM SESSION
24SWIMMERS/LANE	34SWIMMERS/LANE	10.2SWIMMERS/LANE
1 SPA	1 SPA	1 SPA
2 SPA	2 SPA	2 SPA
3 SPA	3 SPA/PS/RAD/TCSC	3 SPA
4 SPA	4 PYP	4 SPA
5 SPA	5 PYP	5 SPA/GTSA/PS
6 TBAC	6 TYS	6 TYS
7 TBAC/GTSA	7 TYS/GTSA/WCA	7 TYS
8 PYP	8 TBAC	8 BW
9 BW/TYS	9 TBAC/CVST/ATAC	9 BW/PYP
10 ATAC/RAD/CVST	10 BW	10 TBAC/WCA

FRIDAY NIGHT 2 LANES SMALL POOL FOR WARM-UP AND WARM DOWN

SATURDAY ENTIRE SMALL POOL TILL 10AM AND THE 2 LANES

SUNDAY ENTIRE SMALL POOL TILL 9AM AND THEN 2 LANES