

**St. Petersburg Aquatics  
Friday October 17, 2025**

**This Meet will be Seeded Fastest to Slowest – All events will be combined by age and gender and scores separately.  
\$3 HEAT SHEET SURCHARGE**

**SANCTION**

Held under the sanction of USA Swimming through Florida Swimming: **#FL-**

It is understood and agreed that USA Swimming, Florida Swimming and St. Petersburg Aquatics club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

1. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
3. Deck changes are prohibited.
4. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Exceptions may be granted with prior written approval by the Program & Events Coordinator (or his/her designee).

5. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
6. The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations.

**IN APPLY FOR THIS SANCTION, SPA AGREES TO COMPLY AND ENFORCE ALL HEALTH AND SAFETY GUIDELINES OF USA SWIMMING, FLORIDA SWIMMING AND THE CITY OF SAINT PETERSBURG.**

**Sponsored by:** St. Petersburg Aquatics, City of St. Petersburg Department of Leisure Services

**Type of Meet:** 25 Yard Course, Timed finals

**Date and Time:** Friday October 17 - 3:00pm warm-up 5:00pm start

**Location:** North Shore Pool  
901 North Shore Drive NE, St. Petersburg, FL 33701

**Pool Spec:** Certified 25 Yard, outdoor pool with a max of 20 short course racing lanes having a minimum depth of 4 feet, at both starting ends, and non-turbulent lane lines. Numerous lanes for constant warm down.

**Medical:** Lifeguards and AED on site and on duty during warm-up and meet.

**Timing Equipment:** Colorado Timing System with scoreboard

**Eligibility:** Open to **CURRENT MEMBERS OF USA SWIMMING** or foreign athletes who are members of invited teams. On deck registration will not be allowed.

**Seeding:** 25 yard times will be used for seeding. No Converting Times. Meet will be seeded fastest to slowest.

**Scratches:** No penalty for scratching on the block.

**Entry Limit:** Entries will be limited to keep the meet under 3 hours. Fly Over Starts may be used to control the length of the meet. Swimmers will be limited to a maximum of **FOUR (4)** events. Swimmers posting entries over the event limit will be considered as entered in the first **FOUR (4)** events listed.

**Entry Form:** Entries must be submitted on Hy-Tek disk. Please enclose hard copy of entries from Hy-Tek along with the disk.

**Entry Fee:** Individual events: **\$5.50 PER EVENT - MAXIMUM FOUR EVENTS (4) FACILITY SURCHARGE - \$10.00 PER SWIMMER. \$3 HEAT SHEET SURCHARGE -\$2.00 TRAVEL SURCHARGE PER OUT OF LSC SWIMMER ALL ENTRY FEES MUST BE PAID BEFORE THE START OF THE MEET. NO SWIMMERS WILL BE PERMITTED TO COMPETE IN THE MEET, TILL ALL ENTRY FEES ARE PAID. ALL TEAMS MUST PAY WITH A SINGLE CHECKS. TEAMS PAYING WITH MULTIPLE CHECKS, FROM INDIVIDUAL FAMILIES WILL BE CHARGED A \$10 PER CHECK PROCESSING FEE.**

**Entry Deadline:** All entries must be submitted by Thursday, **October 9, 2025**. Enclose checks and make payable to **St. Petersburg Aquatics**. Please send **Express Mail Overnight** to:  
Mr. Fred Lewis  
St. Petersburg Aquatics  
North Shore Pool  
901 North Shore Drive, NE  
St. Petersburg, FL 33701  
SWIMSTPETE@AOL.COM

**Disability Athletes:** Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals must provide advance notice in writing, accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

Coaches may use the ([Accommodations Form](#)) to satisfy this requirement.

**Awards:** No awards for 11 and older. All 10 and under events will be scored and awarded by 9-10 and 8&U age groups.

**Rules:** Current USA Swimming Technical rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. The coach and only that person will be recognized.

**Proof of Coach/Official Membership** All coaches and officials must sign in with Meet Director and show proof of membership to have access to the facility. **Deck Pass will be accepted for proof of membership.**

**Coach Supervision:** All swimmers must be supervised by a USA Swimming Certified Coach. Any swimmers attending the meet without a certified coach must take responsibility for finding a certified coach, who will be responsible for them during all warm-ups and sessions of the meet. That agreement must be submitted in writing to the referee before the swimmer is allowed in the meet.

**Warm-Up Schedule:** ALL TEAM WILL BE ASSIGNED WARM-UP TIMES AND LANES. NO EQUIPMENT IS TO BE USED IN ANY LANE THAT HAS TOUCHPADS. ONE WAY DIVE STARTS UNDER COACHES SUPERVISION MAY BE DONE DURING THE LAST 10 MINUTES OF A TEAM'S WARM-UP IN THEIR ASSIGNED LANES.

**\*\*\*Except for racing start, swimmers must enter the pool feet first with one hand touching the deck of the pool\*\*\*NO EQUIPMENT ALLOWED IN THE POOL AT ANY TIME**

**Camera Zones:** Per Florida Swimming Rule 223.13, Meet management shall designate and inform the public of CAMERA ZONES at each swim meet where both still and video photography of a race or a competitor may be taken. The entire pool deck at The North Shore Pool is a no camera zone. All locker rooms and bath rooms are a no camera zone. Any individual failing to abide by the rule could be subject to the Florida Swimming Code of Conduct violation as defined in rule 239.2

**Officials:** Referee: Kevin Mooren

Admin. Referee: John Ware Head Marshall: Joseph Novak

**Meet Manager:** Fred Lewis 727 440 9382, Patty Nardoizzi 727 440 9382

THIS MEET WILL BE SEEDED FASTEST TO SLOWEST

Friday October 17, 2025. (Swimmers may enter a maximum of FOUR (4) events  
 WARM-UP 6:00am - MEET STARTS AT 9:00am - HEATS MAY BE LIMITED TO KEEP  
 SESSION UNDER 3 HOURS

Event Number		Age Group	Event	EVENT NUMBER		AGE GROUP	EVENT
G	B			G	B		
1	2	SENIOR	100 BACK	17	18	SENIOR	100 BREAST
3	4	11 & 12	50 BACK	19	20	11 & 12	50 BREAST
5	6	10 & U	50 BACK	21	22	10 & U	50 BREAST
7	8	10 & U	25 BACK	23	24	10 & U	25 BREAST
9	10	SENIOR	100 FLY	25	26	SENIOR	100 FREE
11	12	11 & 12	50 FLY	27	28	SENIOR	50 FREE
13	14	10 & U	50 FLY	29	30	11 & 12	50 FREE
15	16	10 & U	25 FLY	31	32	10 & U	50 FREE
				33	34	10 & U	25 FREE